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We are on the Web at: www.tnreflexology.org



How is Easter Celebrated around the World*?

Sweden:

Easter in Sweden is a lot like Halloween, with the children dressing up as Easter witches wearing long skirts, colorful headscarves and painted red cheeks, and go from home to home in their neighborhoods trading paintings and drawings in the hope of receiving sweets.

Hungary:

“Sprinkling” is a popular Hungarian Easter Monday tradition, in which boys playfully sprinkle perfume, cologne or water over a young woman’s head, and ask for a kiss. People used to believe that water had a cleaning, healing and fertility-inducing effect

France:

In the town of Haux, a giant omelet made with 4,500 eggs that feeds 1,000 people is served up in the town’s main square. The story goes, when Napoleon and his army were traveling through the south of France, they stopped in a small town and ate omelets. Napoleon liked his so much that he ordered the townspeople to gather their eggs and make a giant omelet for his army the next day.

Brazil:

Besides being crazy soccer fans, there’s a crazy tradition of creating straw dolls to represent Judas (the apostle known for betraying Christ) and hanging them in the streets and beating them up. And many times politicians involved in scandals become Judas.

Spain:

One of the biggest Easter celebrations takes place in Seville, where 52 different religious brotherhoods parade through the streets manifesting the crucifixion, with thousands watching the daily processions of marching bands and decorated candle lit floats heaving with Baroque statues illustrating the Easter story.

* Source: Reflexology Institute of California

Upcoming Reflexology Workshop at the Pacific Institute of Reflexology : *Pain in Cancer*

Survivors

Christopher Shirley has announced the visit from the U.K. of Dr. Carol Samuel Phd., who will be the Keynote Speaker at the Reflexology Association of B.C. 50th Anniversary Celebration in Harrison Hot Springs, Saturday 4th May. Dr. Samuel will present two 3-hour sessions with a theme of "Pain Management with Reflexology". In Vancouver on Monday and Tuesday May 6 and 7, Dr. Samuel will be running a two day workshop on "Pain in Cancer Survivors" where she discusses the pain associated with chemotherapy induced peripheral neuropathy, radiation toxicity induced pain, persistent post-surgical pain, pain as a consequence of Hormonal Therapy, and, how we can support clients in pain using a combination of reflexology techniques. The techniques learned will be applicable to other health conditions that involve pain. All supporting materials are provided on the course and on completion attendees will receive a 'Certificate of Attendance' and two foot charts.

To learn more about Carols research or to message her use this link:

<https://www.facebook.com/Reflexmaster1/> Or, to review her website: <https://www.reflexmaster.co.uk/>

For more information and/or registration use this link: <https://pacificreflexology.com/node/1602>

Annual TRA Membership Dues:

The annual TRA membership renewal fee of \$20 (\$15 if we have your e-mail address) was due beginning January 1, 2019. Membership applications can be found on the TRA Website or by contacting Larry Hill at lhill_hand@hotmail.com. If you have not paid your 2019 dues and wish to remain in good standing, please send your payment to Larry Hill, 5204 Skyline Drive, Knoxville, TN 37914.

Since the March 2019 TRA Newsletter, the following individuals have renewed their membership:

Stacy Breeden, Gift Of Touch	Pauline Brower, CRT	Sandra L. Cuddy	Mia D. Earl
Shirley A. Griffin	Patrick Owings	Christine Pratt	Doris Steelman
Nashville Academy of Reflexology, LLC		Dianna Young	



The 2019 World Massage Festival in Cherokee, N. C.

REGISTER NOW for the 2019 WMF in Cherokee, North Carolina at Harrah's Resort. The festival, which celebrates their 14th year, will be May 6-9, 2019. For more information, contact Cindy Michaels, Registrar World Massage Festival, telephone (336) 957-8807.

This is a smaller venue and it is anticipated that it may be sold out by Christmas of this year! Lots of great

classes, all NCBTMB-approved, including a mini-conference on Autism. Register now at

<https://www.eventbrite.com/e/world-massage-festival-2019-registration-46261838404>

Follow on Facebook at <https://www.facebook.com/pages/World-Massage-Festival/131258765806>

<http://worldmassagefestival.com>



International Institute of Reflexology West Coast

Reflexology Workshops by Bobbi Warren in San Diego, California.

May 17 - 18 - Phase 1 or 2 Reflexology Course

May 19 - 20 - Phase 3 Reflexology Course

Call Bobbi Warren at 619-723-5276 - give her your credit card number to reserve a space. For more registration details and upcoming workshops, visit their website:

<https://thefootladies.com/Reflexology-Training-Schedule.html>

American Reflexology Certification Board

The American Reflexology Certification Board® (ARCB) is an independent testing agency for the field of reflexology. ARCB is a legally constituted, non-government entity incorporated under California Law as a non-profit corporation and is IRS tax exempt. It has been set up precluding self interest and private financial gain to serve the Reflexology field and protect public safety. ARCB's primary aim is to accomplish this through certifying the competency of those Reflexologists practicing professionally who meet certain standards. A second objective is to act as a national referral board for certified practitioners. If you have not yet taken this important step in your professional career, learn how you can become National Board Certified in foot or hand reflexology.

Today, complementary and alternative medicine (CAM) therapies are one of the fastest growing areas of healthcare worldwide. As a result, qualified Reflexologists with the highest credentials are being sought by the public and the health care industry.

In order to promote reflexology through testing and recognition of competent professional practitioners, ARCB was founded in 1991. ARCB® is a non-profit certifying agency which exists to protect the public and promote reflexology through certification of those Reflexologists who practice on a professional basis and choose to be certified as meeting basic national standards. ARCB is continually offering more and more locations to facilitate taking your exam. For more information, please visit the ARCB website at <http://arcb.net/take-the-arcb-exam/>.