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We are on the Web at: www.tnreflexology.org



Ruth Stewart Named New Regulatory Board Administrator 2 for the State of Tennessee Health Related Boards Board of Massage Licensure/Reflexology Registry



The State of Tennessee Reflexology Registry has acquired a new Reflexology Registry administrator, who is Ruth Stewart. She is part of the administrative unit that serves the professions of massage, reflexology, dispensing opticians, optometrists, dietitian and nutrition, and veterinary medicine. Each of these is a distinct and separate profession, governed by its own Board, Registry, or Committee. Ruth worked with the Massage Board for several years before being assigned to the Reflexology Registry, and still answers some of their calls and provide them some administrative assistance. However, Ruth has emphasized in a phone conversation with me that this does not change the fact that Reflexology is a separate profession under its own registry, Rules, and statutes in the state of Tennessee. She further stated that Reflexology is not "administered under the Massage Board". This is stated in the Tennessee state statutes, and cannot be administratively changed. Reflexology is still considered a separate profession from massage in Tennessee and there have been no changes pertaining to Rules governing Reflexology Registration since 2006. Any modification would require a change in state law, which would have to go through the state legislature.

Possible Reflexology Training Scam Alert

Gaia Tossing of the Nashville Academy of Reflexology notified the TRA via e-mail that she heard a newscast on the Nashville WSMV Channel 4 News at 10 that reported an incident in Murfreesboro. Police there say that several people are now out of thousands of dollars because of a scam. As many as 40 people may have paid \$3,000 for classes but never received a certification. " An example of an advertisement recently ran had verbiage such as the following: "Reflexology scam " " \$3,000 Classes". "No certification". Please be wary of such ads and report any suspected scams to the State of Tennessee Health Related Board or the local authorities.

Balancing Touch

For your information, Adam Thomas of Balancing Touch has a new video on *YouTube* that details the top three types of therapy tools that may be of help to you in your Reflexology practice . To access this video, please go to the following website: <https://balancingtouch.ca/3-essential-tools-every-reflexologist-should-own/>

- **Number #1 – A Chair / Stool:** Finding a stool that can adjust in height and that has wheels is a key, so you can adjust yourself to the client and be the most comfortable you can be when giving a session since this comfort will be transferred to your client.
- **Number #2 – Clients Chair:** Now that you are comfortable you can focus on the client being comfortable. I use a zero gravity chair by LaFuma (France) because of they are very comfortable, very portable and very durable.
- **Number #3 – Reflexology Chart:** These are a great visual tool to enhance yourself during a Reflexology therapy session.

Annual TRA Membership Dues:

The annual TRA membership renewal fee of \$20 (\$15 if we have your e-mail address) was due beginning January 1, 2018. Membership applications can be found on the TRA Website or by contacting Larry Hill at lhil_hand@hotmail.com. To remain in good standing, please send your dues payment to Larry Hill, 3550 Buffat Mill Road, Knoxville, TN 37914.

Since the March 2018 TRA Newsletter, the following individuals have renewed their membership:

Sandra Armstrong	Carolyn Bramlett	Troy Bramlett	Brenda Carlson
Josh Dailey	Michele Daniel	Lisa Malone	Patrick Owings
Doris Steelman	Carrie Wagner	Dianna Young	



Holistic Healing with Reflexology

The Reflexology Association of California (RAC) is sponsoring their first Live Webinar Series featuring one of the most respected Naturopaths in Northern California, [Earendil Spindelilus](#), R.N.D., M.H., C.R. Register for just one Webinar or for the Series. Save money when you register for the Series! This online event is open to reflexologists, students of reflexology, those considering becoming reflexologists and anyone with an interest to widen their understanding of reflexology.

Webinar participation fee includes 3 ARCB credits (for series), PDF Handout & the ability to download the webinar. RAC members get a special discount. See pricing below.

- Friday, May 18th - Reflexology & Case Studies
- Friday, May 25th - Reflexology Healing Techniques
- Friday, June 1st - Reflexology & Cancer Patients

Please fill out the form at the following website: <http://reflexology-ca.org/webinar.html> and conveniently pay online with your credit card via PayPal. If you do not have a PayPal account, or don't wish to create one, you can still use your debit/credit card as a "guest." Questions? Contact RAC at info@reflexology-ca.org



The Flocco Method
**Integrating Foot Hand Ear Reflexology +
 For Better Health Results For 35 Years**



**Post Traumatic Stress Disorder PTSD &
Proprioceptive Neuromuscular Facilitation PNF**
14 CE Hours ARCB, NCBTMB

Emotional Release Reflexology ERR
14 CE Hours ARCB, NCBTMB

All classes Approved for Continuing Education Hours (CE's)
by ARCB and NCBTMB & Accepted by ABMP and many States

Post Traumatic Stress Disorder PTSD

June 9th, 7 CE Hours

- What is PTSD
- Who is affected by PTSD
- Understand the Neurological pathology of PTSD
- Explore how Reflexology may help PTSD sufferers
- Learn an integrated PTSD Reflexology protocol using Foot, Hand and Ear Reflexology

Proprioceptive Neuromuscular Facilitation PNF

June 10th, 7 CE Hours

- Who may be helped using PNF techniques
- Explore the many benefits of PNF
- These techniques are touched on in all of the Condition Specific workshops

Learn the fine points and benefits of PNF for the first time, or as an in depth refresher for Condition Specific graduates. For more info, please visit the Website at the following link:
<http://www.americanacademyofreflexology.com/ptsd-pnf/>



Professional Reflexology Marketing Brochures - Update Spring 2018

The Pacific Institute of Reflexology (PIR) has recently announced the development of new marketing brochures. PIR invites you to take look - and recognize the potential that they hold - for expanding awareness of the broad benefits of reflexology, as well as, building your reflexology practice. PIR states that over 140 reflexologists already using the brochures to promote the benefits of reflexology. To view them, here is a link to the brochures: <https://pacificreflexology.com/store/brochures>

According to PIR, the most popular brochure to date is "Stress", with "Pain" and "Seniors" following close behind. "Cancer", "Diabetes," "Asthma", and "Insomnia" follow in that order. For more details, please contact Christopher Shirley at the following address:

PACIFIC Institute of REFLEXOLOGY,
535 West 10th Avenue, Vancouver, B.C. V5Z 1K9 CANADA
(604) 875-8818 or 1(800) 688-9748

chrisshirley@pacificreflexology.com <http://www.pacificreflexology.com>

REFLEXOLOGY: THE CORE OF NATURAL HEALING



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Reflexology Certification Institute

debbie@reflexologycenter.com



**SIGN UP FOR
OUR EMAILS**

Debbie Hitt, NBCR, APP, RMT, Executive Director, Reflexology Certification Institute

The Reflexology Certification Institute reports that they have moved to a new space in Worthington, Ohio, and they now have room for a lecture area and practicum area. They are offering the following classes during the remainder of 2018:

REFLEXOLOGY CERIFICATION CLASS in Columbus Ohio:

July 21 and 22

August 4 and 5

August 18 and 19

September 15 and 16

October 13 and 14

November 10 and 11

Exam: December 15