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We are on the Web at: www.tnreflexology.org

Nashville Academy of Reflexology

Do you ever have clients or friends ask about becoming a Reflexologist? If so, Gaia Tossing and Carol Ann Baily would like to you to know about the Nashville Academy of Reflexology (NAR) and our professional reflexology certification program. NAR offers a 320-hour program that meets the standards for national certification with ARCB. They have two schedules to meet the needs of a variety of students across the state of Tennessee. In addition, they have attracted students from Illinois, Kentucky, and Michigan, where there are no reflexology schools.

The NAR Weekend Schedule is designed principally for students living a distance from Nashville in which they can come one weekend a month and complete the entire program in just 19 months. They have recently revised that schedule to allow sufficient time for traveling back home on Sunday evening. The next class will meet on the third weekend of each month from September 2016 until March of 2018. The class meets from 9 am to 9 pm on Saturday and 9 am to 6 pm on Sunday those weekends. The calendar for this schedule is on the NAR website: www.reflexschool.com

Also, a Master Class in Simultaneous Bilateral Stimulation (SBS) Technique will be offered on Saturday November 26 and Sunday January 15, 2017 in Nashville, Tennessee. Please refer to the following announcement for details:



MASTER CLASS 4 CE

**Simultaneous
Bilateral
Stimulation (SBS)
Technique®**

ORIGINATED AND TAUGHT BY: **GAIA TOSSING, RCR**
Founder of Nashville Academy of Reflexology

This foot reflexology technique enables the reflexologist to stimulate both sides of the brain simultaneously for a swifter balancing effect and can reduce the duration of a session without compromising results.

2 DATES OFFERED:

Saturday, November 26, 2016 9 am-1 pm
Sunday, January 15, 2017 9 am-1 pm

Register Now!

Class size is limited. Cost: \$100

CALL: **615-647-7244**

EMAIL: nashvillereflexacademy@gmail.com

MORE INFO: **ReflexSchool.com**



NAR

NASHVILLE ACADEMY OF REFLEXOLOGY



World Reflexology Week is September 22-28, 2016

World Reflexology Week is an International promotion of good health and wellbeing using Reflexology. The theme this year is **Healthy Aging**. The aim of World Reflexology Week is to promote reflexology and increase public awareness around the globe. Remember global awareness begins at local level. Let's do our part to promote awareness of the benefits of Reflexology during this event. Help spread the word to others through social media and personal contacts.

Reflexology Legislative Alert



The Reflexology Association of America (RAA) has sent out a notification to State Chapters that Reflexologists can now set up a *Google Alert* on mobile phone devices to be notified whenever there is legislative activity in your state that might affect your right to practice reflexology legally. *Google Alerts* is a free service offered by Google that sends email notifications of when web pages, newspaper articles, blogs or research has been noticed, according to the search terms you list with your request. You do not have to have a Gmail account to take advantage of this free service. Follow the following link for instructions.

<http://www.blogggingbasics101.com/how-to-set-up-a-google-alert-and-why-its-a-good-idea/>

Here are some Keywords and Phrases identifying what alerts you want sent to you. Just copy and paste these onto the form:

massage and bodywork, foot spa reflexology, foot spa, massage parlor, prostitution, Asian bodywork therapy, bodywork regulation, bodywork, human trafficking, exploitation, Asian bodywork and reflexology, anti-human trafficking, massage law loophole, bodywork ordinance, bodywork regulation, bodywork legislation, massage prostitution, bodywork prostitution, sex trafficking, employment massage loophole If you receive any information that may require attention or action please inform the TRA of such events, please let us know.

Annual TRA Membership Dues:

The annual TRA membership renewal fee of \$20 (\$15 if we have your e-mail address) was due beginning January 1, 2016. Membership applications can be found on the TRA Website or by contacting Larry Hill at lhill_hand@hotmail.com. To remain in good standing, please send your dues payment to Larry Hill, 3550 Buffat Mill Road, Knoxville, TN 37914. The following individual has become a new member since the July 2016 TRA Newsletter: Tim Miller, Knoxville, Tennessee.



The TRA cordially invites you to join our public Facebook group at the following link:

[Tennessee Reflexology Association](#)

- Post questions and comments;
- Create shared documents; and
- Chat with everyone at once.

Join the group now to get involved in the conversation and start networking!



Welcome to your Complete Source

for Reflexology Education



Reflexology Classes, Reflexology Articles, Reflexology Blogs, Reflexology Books, Reflexology Charts, and more. For more information, please go to www.AmericanAcademyofReflexology.com or KoTan@AcademyofRadiantHealth.com, telephone (770) 843-2993. The next class in Roswell, Georgia, which is taught by Ko Tan, is **Face Reflexology**, September 17-18, CE's 14 are rewarded for the class.

Touch for Health

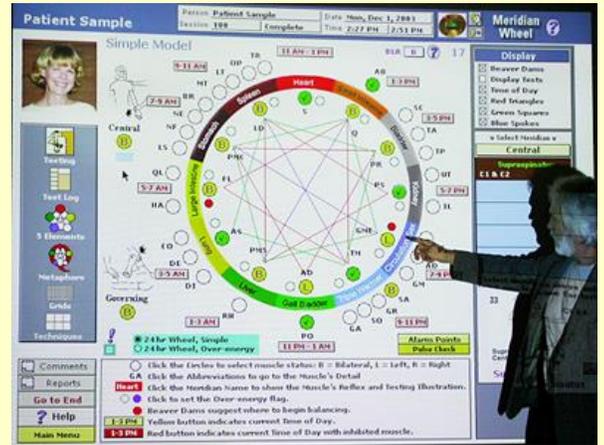
LEVEL I: September 10 and 11, 2016

Learn the basics of *Touch for Health* energy kinesiology for better health and less pain. Learn the muscle tests for the primary 14 meridians and touch techniques to balance the body's energies. This is an interactive hands-on class, so class size is limited.

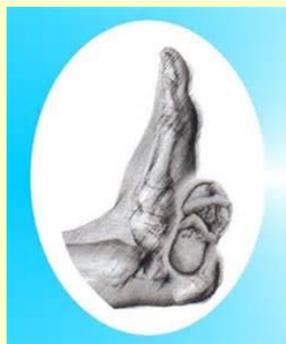
LEVEL II: October 1 and 2, 2016

This course introduces additional muscles and more energy balancing techniques and theory. New techniques and concepts presented in TFH II are: Circuit Locating which helps identify the body's preference for balancing technique; Alarm Points for over-energy detection; the Meridian Wheel and Time of Day Balance; the Law of Five Elements; several specialized balancing techniques and self-balancing techniques. For more details, please go to the following link:

<http://healcenteratlanta.com/classes/touch-for-health/touch-for-health-level-ii/>



Georgia Reflexology Organization Presents:



A course leading to a certificate of competency in Maternity Reflexology with the Maternity Reflexology Consortium of the United Kingdom. Assignments and Case studies after the course will lead to Certificate of Competence and registration with the Maternity Reflexology Consortium including PIN on their register. ARCB continuing education accreditation has been applied for. NOTE: Prior reflexology training is a requirement for this course.

Tutor : Maternity Reflexologist Jenni Tribe RGN, RM, Dip HE, MAR, PRM, EFTMRA
Dates are Friday, September 16; Saturday September 17; Monday September 19; and Tuesday September 20, 2016. The course will be at the Wingate by Wyndham Hotel, 1005 Kingswood Place, Alpharetta GA 30009 (just off junction 8 Georgia 400 Mansell Road). The cost is \$595.

Adapted Reflexology Techniques will include:

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| <ul style="list-style-type: none"> • Suzanne Enzer Endocrine method • Lymphatic Techniques • Preconception planning | <ul style="list-style-type: none"> • Fertility issues of both partners • Development of the incoming soul • All stages of Pregnancy | <ul style="list-style-type: none"> • Preparation for Birthing • Birthing • Post natal reflexology • New baby reflexology |
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Enquiries: contact Kathy Duvall : kathyduvallusa@gmail.com 770-778-9049
Booking : contact Beverly Cooper : andbev1@gmail.com :404-863-8301
Further info: www.maternity-reflexology.com or www.georgiareflexology.org



**Christine Lynne-Stormer and the Reflexology Certification Institute present:
"Language of the Feet"**

**September 15th and 16, 2016
70 Chris Perry Lane
Columbus, Ohio**

WHAT YOUR FEET SAY ABOUT YOU AND YOUR HEALTH

The Reflexology Certification Institute states the following about this course:

"Your feet blatantly take it upon themselves to reflect anything that upsets you through subtle, yet obvious changes in their characteristics? Are you aware that your feet are the libraries of your body that record each memory of every step taken in life?"

Feet, as the basis of our foundation, provide fundamental security and stability as well as fascinating and beneficial insight into the workings of our sub-conscious mind. Foot laden messages generously display any form of inner disturbance that could be potentially harmful to our personal well-being, and they do this long before illness and dis-ease take a relentless grip on our body. Our feet also lovingly reveal innate talents and deep inner wisdom, especially at times when we need help in climbing from the depths of despair to rediscover personal freedom and lightness of being. The wealth of information mirrored on our feet enriches our mind, nurtures our body and liberates our soul. As an extension to Reflexology, "what the feet say about you and your health" is an exciting and rewarding way to help ourselves, and also guide others into helping themselves, to a happier, healthier and more fulfilling way of life."

Register soon to advantage of this opportunity to participate in this class and get the early bird discount!

Contact Debbie Hitt at 614-565-1047 or RCIreflexology2@aol.com or go to <https://www.reflexologycenter.com> for more information.