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We are on the Web at: www.tnreflexology.org

A First for Reflexology!*

For the first time in history, reflexology was represented at an International Congress on Integrative Medicine and Health conference. Not just once, but *four* times! Over 1000 participants from around the world, mostly MDs and PhDs, gathered in May to continue their goal of expanding and further developing the field of integrative medicine worldwide.

Christine Issel, supported by the Reflexology Association of America and the American Reflexology Certification Board, was one of four chosen to submit an abstract and poster on reflexology. The poster was titled *Reflexology and Integrative Cancer Care and the Research Behind It*. This was a history-making opportunity to expose those working in integrative medicine to reflexology. There were a total of 380 posters on scientific research; four involved reflexology! Christine and the three other women who stepped up on behalf of reflexology are to be commended and all those who could benefit from its inclusion in their healthcare treatment plan. *Source: RAA *Reflexology Across America* article

Vertical Reflexology



Lynne Booth from the U.K. will be coming to Canada (Vancouver, British Columbia) in August to teach two one-day Vertical Reflexology (VRT) courses: the new "Vertical Reflexology (VRT) "Fast Track" Basic Course with Advanced Techniques" on Saturday 13th August (this is the former Basic & Advanced VRT courses rolled into one), and, the "Vertical Reflexology for Pain, Tension and Sleep Issues with Mobilization Techniques Course" on Sunday 14th August (this is the former Sleep, Mobility and New Developments Course - that has been upgraded). Early bird course fee is Canadian \$175.00 + 5% GST. For U.S. citizens the Canadian dollar costs approx. \$0.80 at present - you save 20%. If you have already attended either of the courses you can review for close to half-price.

You can find out more about Vertical Reflexology by going to Lynne's website www.boothvrt.com or, by looking at an introduction to VRT on YouTube: www.youtube.com/watch?v=MLiFavkD4VY . For more information on the courses and/or registration please use this link: <https://pacificreflexology.com/node/1520>

Annual TRA Membership Dues:

The annual TRA membership renewal fee of \$20 (\$15 if we have your e-mail address) was due beginning January 1, 2016. Membership applications can be found on the TRA Website or by contacting Larry Hill at lhill_hand@hotmail.com. To remain in good standing, please send your dues payment to Larry Hill, 3550 Buffat Mill Road, Knoxville, TN 37914. The following individuals have renewed their current membership since the TRA May 2016 Newsletter:

Carolyn Bramlett

Troy Bramlett

Kendall Key



The TRA cordially invites you to join our public Facebook group at the following link:

[Tennessee Reflexology Association](#)

- Post questions and comments;
- Create shared documents; and
- Chat with everyone at once.

Join the group now to get involved in the conversation and start networking!



Welcome to your Complete Source

for Reflexology Education



Reflexology Classes, Reflexology Articles, Reflexology Blogs, Reflexology Books, Reflexology Charts, and more. For more information, please go to www.AmericanAcademyofReflexology.com or KoTan@AcademyofRadiantHealth.com, telephone (770) 843-2993. Upcoming classes in Georgia all taught by Ko Tan include the following:

Georgia - Roswell

- **Beginning Foot Reflexology**, July 9-10, CE's 14
- **Beginning Hand & Ear Reflexology**, July 16-17, CE's 14
- **Face Reflexology**, September 17-18, CE's 14



Atlanta, Georgia (404) 303-0007 <http://healcenteratlanta.com/>

Divine Women's Circle Day Retreat

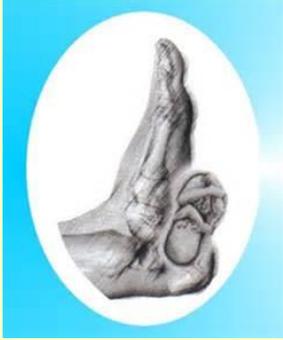
Michal Spiegelman from Balanced Moments will present a workshop entitled "Divine Women's Circle Day Retreat" on July 9 from 10 a.m. until 5 p.m. at the Heal Center in Atlanta, Georgia. The cost for the class is \$95.00 by June 28 or \$145.00 after that date. According to the course description, "Michal's Playful Transformation System for the Body, Mind, and Spirit helps people bring ease and light into the process of change so they can tap into their unlimited potential and find balance and joy in life. We are happy to provide Michal a home for her workshop and classes for over 15 years. This special retreat is designed for help women create a space where they can take a time-out, breathe, and take a look at life from a new perspective, a place where they are encouraged to listen to their inner voice and find their true selves, amid the support of other women.

It is extremely powerful when women come together to support each other on their journey, in their hopes and in their dreams."

To register, please go to the following link:
<http://www.balancedmoments.com/divine-women-circle/>



Georgia Reflexology Organization Presents:



A course leading to a certificate of competency in Maternity Reflexology with the Maternity Reflexology Consortium of the United Kingdom. Assignments and Case studies after the course will lead to Certificate of Competence and registration with the Maternity Reflexology Consortium including PIN on their register. ARCB continuing education accreditation has been applied for.

NOTE: Prior reflexology training is a requirement for this course.

Tutor : Maternity Reflexologist Jenni Tribe RGN, RM,Dip HE,MAR,PRM,EFTMRA

Dates are Friday, September 16; Saturday September 17; Monday September 19; and Tuesday September 20, 2016.

Adapted Reflexology Techniques will include:

- Suzanne Enzer Endocrine method
- Lymphatic Techniques
- Preconception planning
- Fertility issues of both partners
- Development of the incoming soul
- All stages of Pregnancy
- Preparation for Birthing
- Birthing
- Post natal reflexology
- New baby reflexology

Aspects of study will include: safety, contraindications, epigenetics, concepts of EFT and energy psychology,color therapy, energy work. High practical content

Venue: Wingate by Wyndham Hotel, 1005 Kingswood Place, Alpharetta GA 30009 (just off junction 8 Georgia 400 Mansell Road)

Cost : \$ 555 until June 30th 2016/ \$595 thereafter

Enquiries: contact Kathy Duvall : kathyduvallusa@gmail.com 770-778-9049

Booking : contact Beverly Cooper : andbev1@gmail.com :404-863-8301

Further info: www.maternity-reflexology.com or www.georgiareflexology.org