



Officers: Ted Helms, President; Carrie Wagner, Secretary; Larry Hill, Treasurer; Brenda Carlson and Rev. Leslie Hall: Board of Directors

We are on the Web at: www.tnreflexology.org

Touchpoint International Reflexology Summer School in 2015 in Denmark:



July 20-22, 2015, Nerve Reflexology:

Spine - Organs - Pelvis -Legs

July 24-25, 2015, Round About:

Fertility (both days)

Next year, in July 2015 Dorthe Krogsgaard and Peter Lund Frandsen are hosting two international English speaking seminars in their Copenhagen Institute of Integrative Therapies in the center of town, with cafés and small shops. You can take part in one or both courses and experience fairytale Denmark in the summertime. Denmark is a country in which Reflexology is extremely popular (used by 25% of the population). Copenhagen, has been voted "best city in the world" (International Magazine Monocle 2014). Students will be able to visit Touchpoint and the Institute of Integrative Therapies.

Dorthe and Peter state that "Many colleagues around the world have encouraged us to arrange an international (English speaking) seminar in Denmark. It is our pleasure now to be able to invite you to come to Copenhagen in the summer 2015. Plan your travels already now and take advantage of our early bird offers by pre-book one or both of the events."

Read more about the event at the following link:

<http://www.touchpoint.dk/wss/touchpointuk.asp?page=13808&klikker=0>

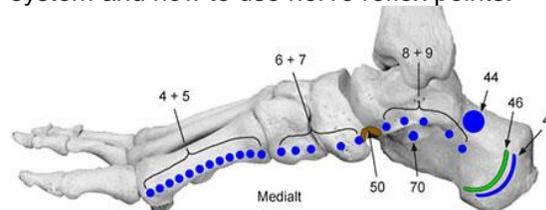
Price: **Early Bird before October 1st 2014: Euro 400.00 (US\$ 545)** The fee covers three days of workshop with two instructors, pre-course syllabus, extensive handouts, lunch buffet, fresh fruit, tea/coffee and refreshments.

Education points:

Touchpoint is an approved provider of continuing education in many countries. CPD/CEU certificate is included.

Who can participate?

The course is open for all types of body workers including massage therapists, reflexologists, cranio-sacral therapists, osteopaths, etc. The only prerequisites are basic knowledge of anatomy and physiology and the desire to learn about the nervous system and how to use nerve reflex points.



Background

Nerve reflexology was developed in Germany by Walter and Ellen Froneberg, students of reflexology pioneer Hanne Marquardt, and is based on the classical reflexion of the body as a micro system in the feet. By adding reflex points for nerves and structures of the nervous system, completely new therapeutic possibilities open up. The method has been further developed and refined by Nico Pauly, Griet Rondel and Norbert Gorsch. Certified tutors Dorthe Krogsgaard and Peter Lund Frandsen has worked with nerve reflexology for the past 12 years, and teach the complete 9 day course in the Scandinavian countries. Nerve Reflexology is a natural extension of classical Ingham reflexology, adding exact points for individual nerves.

What you will learn:

- A detailed knowledge of the nervous system, including how to influence the whole body via the nervous system; how to stimulate nerve reflex points with immediate effect (less pain, more movement)
- The mechanisms of pain physiology and how to combine nerve reflexology with other therapies
- NR-points for the spinal nerves and nerves of the abdomen, pelvis and legs, the autonomic nervous system, and for innervation of the organs
- To understand the connections between organs and musculo-skeletal problems and how nerve reflexology enhances the effects of subsequent treatment.

Annual TRA Membership Dues:

The annual TRA membership fee of \$20 (\$15 if we have your e-mail address) for 2014 is now due to remain in good standing. The membership application and mailing address is on the TRA Website at www.tnreflexology.org or by contacting Larry Hill at lhil_hand@hotmail.com. The following individuals have renewed their current membership or have become new members since the May 2014 *TRA Newsletter*.

Brenda Carlson

Kristen Radden

Upcoming Educational Opportunities/Events:



Soul Stories Classes: Detailed information is at <http://www.kristenradden.com/calendar.html> or by contacting Kristen Radden via e-mail at solestories@hotmail.com

July 19 - 20: **Acupoint Reflexology Level 2** in Virginia Beach, VA

October 25-26: **Acupoint Reflexology Level 3** in Virginia Beach, VA

Food As Medicine:

The Center for Mind, Body, and Medicine presents Food As Medicine, September 17 – 21, 2014, at the Kripalu Center for Yoga & Health in western Massachusetts. Participants will leave grounded in the fundamentals of sound nutrition, knowledgeable about cutting-edge research, and prepared to confidently and compassionately guide their patients toward practical life-giving healthy nutrition. For more information, please visit their website at the following link:

[http://www.kripalu.org/program/view/FAM-141/food as medicine a feast of science and wisdom](http://www.kripalu.org/program/view/FAM-141/food%20as%20medicine%20a%20feast%20of%20science%20and%20wisdom)