



**Officers: Ted Helms, President; Carrie Wagner, Secretary; Larry Hill, Treasurer;  
Brenda Carlson and Rev. Leslie Hall: Board of Directors**

**We are on the Web at: [www.tnreflexology.org](http://www.tnreflexology.org)**

**Metamorphic Technique Workshop by Dominique Mallee Meeroff:**



The Heal Center of Atlanta is offering a Metamorphic Technique Workshop taught by Dominique Mallee Meeroff from the United Kingdom on May 24 and 25, 2014, in Atlanta, Georgia. Dominique Mallee Meeroff was born in Montreal, Canada and has lived in London for the last 15 years. She worked as a singer songwriter for many years, fronting bands in Montreal, New York and London. During her studies to become a Reflexologist a colleague gave her a book on the Metamorphic Technique. She was so intrigued by this method that she started her practitioner training with Gaston Saint Pierre in 2004 and then went on to become a teacher, completing advanced teacher training. Dominique runs workshops in London, Brighton, India and Australia.

The purpose of the workshop is to learn about touch, unconditional love, and the transformational power of your own Life Force. The Heal Center states that you can "discover this unique form of gentle touch to work on yourself, your friends, your partner and children, or go on to become a practitioner!"

The metamorphic technique offers an expansive and empowering view of the human experience. Workshops are for anyone who feels drawn to this work and there is no previous experience required. The metamorphic technique offers an expansive and empowering view of the human experience. You will learn about the practice of detachment, a practice of unconditional love, which leaves space in which people can transform authentically, from within. This course is helpful for anyone interested in transformation, letting go of limitations, and allowing their potential to come to life! After the workshop you can join a wide network of people who exchange sessions for free.

The Metamorphic Technique sessions can be given to anyone and is often used by:

- People interested in personal development, healing and expansion;
- Mothers and pregnant women;
- People going through life or career change, bereavement, or challenges;
- Practitioners wanting to add a new modality;
- People who want to move forwards in their lives; and
- Anyone feeling the impact of the transformational times in which we live.

Registration is through Roz Zollinger at the Heal Center of Atlanta. The time for the class is 10:30 a.m. until 5 p.m. each day; the cost is \$320. For more information call 404.303.0007 or go to the following website: <http://healcenteratlanta.com/classes/metamorphic-technique-workshop/>

### **Knoxville Reflexology Group, Inc., May Specials:**

The Knoxville Reflexology Group is offering the following "May Direct Specials":

- Adrenal Stress - Sabre Science kit (saliva): \$209; Kit includes: Cortisol x6 and DHEA-s x3.
- Adrenal Stress Mini Panel: \$199; Kit includes: Comprehensive Metabolic Panel (CMP), Aldosterone, Magnesium and DHEA-s.
- Adrenal Stress: \$399; Kit includes: CMP, Aldosterone, Magnesium and DHEA-s, CBC, Vitamin D, Vitamin B12, TSH, Free T3 and Free T4.
- Interpretation/Consult session with Carrie Wagner: \$94. A 60-minute phone call session to discuss your results.

For scheduling test and/or consulting sessions, please contact Kathleen at Knoxville Reflexology Group, Inc. at 865-588-1911 before May 31, 5 PM. For more information, visit their *website at: [www.knoxvillereflexology.com](http://www.knoxvillereflexology.com)*

### **Annual Membership Dues:**

The annual TRA membership fee of \$20 (\$15 if we have your e-mail address) for 2014 is now due to remain in good standing. The membership application and mailing address is on the TRA Website at [www.tnreflexology.org](http://www.tnreflexology.org) or by contacting Larry Hill at [lhil\\_hand@hotmail.com](mailto:lhil_hand@hotmail.com). The following individuals have renewed their current membership or have become new members since the March 2014 *TRA Newsletter*:

Carolyn Bramlett

Troy Bramlett

James League

Lynn Watson

### **Upcoming Educational Opportunities/Events:**



**Soul Stories Classes:** Detailed information is at <http://www.kristenradden.com/calendar.html> or by contacting Kristen Radden via e-mail at [solestories@hotmail.com](mailto:solestories@hotmail.com)

May 17-18: **Caregivers Reflexology** in Chattanooga, TN

June 21- 22: **Acupoint Reflexology Level 1** in York, PA

July 19 - 20: **Acupoint Reflexology Level 2** in Virginia Beach, VA

October 25-26: **Acupoint Reflexology Level 3** in Virginia Beach, VA

### **Food As Medicine:**

The Center for Mind, Body, and Medicine presents Food As Medicine, September 17 – 21, 2014, at the Kripalu Center for Yoga & Health in western Massachusetts. Participants will leave grounded in the fundamentals of sound nutrition, knowledgeable about cutting-edge research, and prepared to confidently and compassionately guide their patients toward practical life-giving healthy nutrition. For more information, please visit their website at the following link:

**[http://www.kripalu.org/program/view/FAM-141/food as medicine a feast of science and wisdom](http://www.kripalu.org/program/view/FAM-141/food%20as%20medicine%20a%20feast%20of%20science%20and%20wisdom)**