

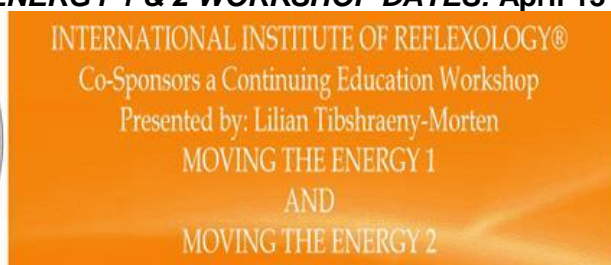


**Officers: Ted Helms, President; Carrie Wagner, Secretary; Larry Hill, Treasurer; Brenda Carlson and Rev. Leslie Hall; Board of Directors**

We are on the Web at: [www.tnreflexology.org](http://www.tnreflexology.org)

**Reflexology Seminar:**

**MOVING THE ENERGY 1 & 2 WORKSHOP DATES: April 13 - 14 & 15, 2013**



This International Institute of Reflexology (IIR) seminar will be held in Alcoa, Tennessee (near Knoxville) at the Comfort Inn & Suites, 140 Cusick Rd. For registration, please call Lilian at JLM Educational Training at (727) 319 6818; book online at [www.reflexologyusa.com](http://www.reflexologyusa.com); or contact [lilian@reflexologyusa.com](mailto:lilian@reflexologyusa.com) for registration. The tuition fee is \$250.00. The workshop includes the new Comprehensive Full Color Workbook and the unique Twelve Meridians and Five Elements Reference Guide.

**COURSE HIGHLIGHTS: MOVING THE ENERGY 1 (Two Day Workshop)**

- The flow of the 12 meridians and their channel pathology. Understanding Qi and how it affects the organs and your general health. Functions of the organs from the Chinese perspective.
- Specialized Reflexology techniques and the practical application of extra points on the hands and feet applied to specific conditions
- Understanding the underlying conditions of disease
- Understanding the "Five Elements" and how to apply them in your day to day life
- The underlying mental/emotional causes of physical dysfunction
- Improving your communication skills with clients/people using the "Five Element" theory
- Short cuts to recognizing underlying problems
- Putting the missing pieces together.

**COURSE HIGHLIGHTS: MOVING THE ENERGY 2 (One-Day Workshop)**

- This workshop is about Refining Assessment Skills. Covers diagnosis according to the Eastern Philosophy. What is disease? Two Extraordinary Meridians. Yin and Yang. Patterns of Disease
- Constitutional Types of the Five Elements
- Midday-Midnight Law. Face, Tongue and Pulse Assessment

- Standard for Locating Points - Specific Points, including Constitutional Points
- Student Application of Client Assessment - practical application of student case studies
- Working with the Reflex Wand, Natural Stimulator and Reflexology & Meridian Speed-Dial Guide
- Inspire your Clients with this in-depth knowledge of the underlying causes of disease.

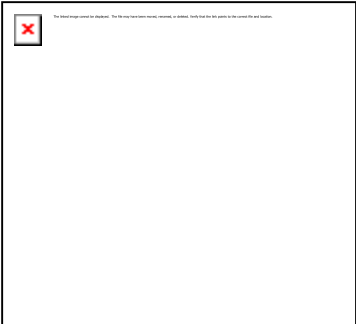
**Annual Membership Dues:**

The annual membership fee of \$20 (\$15 if we have your e-mail address) for 2013 is now due to remain in good standing. The membership application and mailing address is on the TRA Website at [www.tnreflexology.org](http://www.tnreflexology.org) or by contacting Larry Hill. The following individuals have renewed their current membership or have become new members:

|                  |                    |                         |              |                    |
|------------------|--------------------|-------------------------|--------------|--------------------|
| Judith Addington | Theresa M. Bennett | Michelle "Missy" Daniel | Ted Helms    | Lucy G. Scarbrough |
| Larry Hill       | Gail Lossing*      | Barbara Rector          | Dianna Young | Lynn Watson        |

\* New Member

**Upcoming Educational Opportunities/Events:**

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| <p><b>The Heal Center, Institute for the Natural Healing Arts and Learning Aromatherapy Certification Classes</b> (Website is <a href="http://www.healcenteratlanta.com">www.healcenteratlanta.com</a>).</p>   |  |
| <p><b><i>Aromatherapy and the Five Elements:</i></b></p> <p><b>Coming to Atlanta, Georgia in May!</b> The energetic and psychological benefits of essentials oils according to Chinese medicine by Gabriel Mojay. London, UK. A special 1-day seminar, Wednesday, May 29th, 2013, 9:30am-5:30pm. \$125 early bird until April 15th, \$150 thereafter. In this intensive one-day seminar, Gabriel Mojay outlines the energetic and psychological properties of 30 major essential oils according to the Chinese Five Elements and their corresponding principal Organs.</p>   |  |
| <p>Expanding on his book <i>Aromatherapy for Healing the Spirit</i>, Gabriel explains the crucial significance of the various essential oil fragrance notes - and how fragrance energies such as the resinous and floral contribute to and reflect the vital properties of the oils they characterize. For more information and to register for this class please call Roz Zollinger at (404) 303-0007 or go to the following link:<br/> <a href="http://www.hcwellnessatlanta.com/classes-gift-certificates/#%21/%7E/product/category=4718261&amp;id=2011103">http://www.hcwellnessatlanta.com/classes-gift-certificates/#%21/%7E/product/category=4718261&amp;id=2011103</a>.</p> <p><b>Gabriel Mojay</b> FIFPA, LicAc, CertEd. Gabriel Mojay is a UK-registered practitioner of aromatherapy, herbal medicine and acupuncture. He first studied natural medicine in 1978, specializing in shiatsu therapy and Oriental medicine, and later becoming a member of the British Acupuncture Council. Gabriel first trained in aromatherapy and herbal medicine in the 1980s, and has since undertaken advanced study programs with some of the world's leading experts in aromatic medicine. Since 1990 he has been Principal of the Institute of Traditional Herbal Medicine &amp; Aromatherapy, London. Gabriel has given classes in several US States as well as in Canada, Mexico, Japan, Hong Kong, Australia, France, Ireland and the Czech Republic. He is founding Co-Chair of the International Federation of Professional Aromatherapists (IFPA). Gabriel is co-author of <i>Shiatsu ~ The Complete Guide of Aromatherapy for Healing the Spirit</i>.</p> |  |
| <p>The <b>American Reflexology Certification Board (ARCB)</b> will be testing National Certificants in Asheville, N. C. on September 14th, 2013, for the foot and hand reflexology exam. For additional information, please visit the following link: <a href="http://arcb.net/cms/?page_id=1053">http://arcb.net/cms/?page_id=1053</a></p>  |  |